

Braden-Scale

	1 point	2 points	3 points	4 points
Sensory perception Ability respond meaningfully to pressure-related discomfort	Completely limited - Unresponsive (does not moan, flinch or grasp) to painful stimuli, due to diminished level of consciousness or sedation OR - Limited ability to feel pain over most of body surface	Very limited - Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness OR - Has a sensory impairment which limits the ability to feel pain or discomfort over ½ of body	Slightly limited - Responds to verbal commands but cannot always communicate discomfort or need to be turned OR - Has some sensory impairment which limits ability to feel pain or discomfort in 1 or 2 extremities	No impairment Responds to verbal commands OR - Has no sensory deficit which would limit ability to feel or voice pain or discomfort
Moisture Degree to which skin is exposed to moisture	Constantly moist - Skin is kept moist almost constantly by perspiration, urine, etc. - Dampness is detected every time patient is moved or turned	Moist - Skin is often but not always moist. - Linen must be changed at least once a shift	Occasionally moist - Skin is occasionally moist, requiring an extra linen change approximately once a day	Rarely moist - Skin is usually dry; - Linen requires changing only at routine intervals
Activity Degree of physical activity	Bedfast - Confined to bed	Chairfast - Ability to walk severely limited or non-existent - Cannot bear own weight and / or must be assisted into chair or wheel chair	Walks occasionally - Walks occasionally during day but for very short distances, with or without assistance - Spends majority of each shift in bed or chair	Walks frequently - Walks outside the room at least twice a day and inside room at least once every 2 hours during waking hours
Mobility Ability to change and control body position	Completely immobile - Does not make even slight changes in body or extremity position without assistance	Very limited - Makes occasional slight changes in body or extremity position - Unable to make frequent or significant changes independently	Slightly limited - Makes frequent though slight changes in body or extremity position independently	No limitations - Makes major and frequent changes in position without assistance
Nutrition Usual food intake pattern	Very poor - Never eats a complete meal. Rarely eats more than 1/3 of any food offered - Eats 2 servings or less of protein (meat or dairy products) per day - Takes fluids poorly - Does not take a liquid dietary supplement OR - Is NPO [1] AND / OR - Maintained on clear liquids OR IV [2] - For more than 5 days	Probably inadequate - Rarely eats a complete meal and generally eats only about ½ of any food offered - Protein intake includes only 3 servings of meat or dairy products per day - Occasionally will take a dietary supplement OR - Receives less than optimum amount of liquid diet or tube feeding	Adequate - Eats over half of most meals - Eats a total of 4 servings of protein (meat, dairy products) each day - Occasionally will refuse a meal, but will usually take a supplement if offered OR - Is on a tube feeding or TPN [3] regimen, which probably meets most of nutritional need	Excellent - Eats most of every meal, never refuses a meal - Usually eats a total of 4 or more servings of meat and dairy products - Occasionally eats between meals - Does not require supplementation
Friction and shear	Problem - Requires moderate to maximum assistance in moving - Complete lifting without sliding against sheets is impossible - Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance - Spasticity, contractures OR- Agitation leads to almost constant friction	Potential problem - Moves feebly or requires minimum assistance - During a move skin probably slides to some extent against sheets, chair, restraints, or other devices - Maintains relatively good position in chair or bed most of the time - Occasionally slides down	No apparent problem - Moves in bed and in chair independently - Has sufficient muscle strength to lift up completely during move - Maintains food position in bed or chair at all times	

Please assign the condition of the patient to one of the 4 possible descriptions stated in the scale. The single points shall be added up. **At a sum of 18 or less, an increased risk for pressure ulcers is existing.** The less points reached, the higher the risk. In order to avoid the development of pressure ulcers the necessary caring measurements shall be planned, initiated and executed.

Risk for pressure ulcers acc. to Braden-Scale:	<input type="checkbox"/> low (23 - 20 points)	<input type="checkbox"/> high (15 - 11 points)	Total score:
	<input type="checkbox"/> medium (19 - 16 points)	<input type="checkbox"/> very high (10 - 6 points)	

