



SECTION G. PHYSICAL FUNCTIONING AND STRUCTURAL PROBLEMS

- (A) ADL SELF-PERFORMANCE—(Code for resident's PERFORMANCE OVER ALL SHIFTS during last 7 days—Not including setup)
 - INDEPENDENT—No help or oversight—OR— Help/oversight provided only 1 or 2 times during last 7 days
 - SUPERVISION—Oversight, encouragement or cueing provided 3 or more times during last7 days —OR— Supervision (3 or more times) plus physical assistance provided only 1 or 2 times during last 7 days
 - LIMITED ASSISTANCE—Resident highly involved in activity; received physical help in guided maneuvering of limbs or other nonweight bearing assistance 3 or more times OR—More help provided only 1 or 2 times during last 7 days.
 - EXTENSIVE ASSISTANCE—While resident performed part of activity, over last 7-day period, help of following type(s) provided 3 or more times:
 - Weight-bearing support
 Full staff performance during part (but not all) of last 7 days
 - 4. TOTAL DEPENDENCE-Full staff performance of activity during entire 7 days

	4. TOTAL DE	EPENDENCE—Full staff performance of activity during entire 7 days							
	ACTIVITY DID NOT OCCUR during entire 7 days								
3	(B) ADL SUPPORT PROVIDED—(Code for MOST SUPPORT PROVIDED OVER ALL SHIFTS during last 7 days; code regardless of resident's self-								
	performance classification) 0. No setup or physical help from staff 1. Setup help only 2. One person physical assist 3. Two+ persons physical assist 9. ADL activity itself did not occur during entire 7 days								
a.	BED MOBILITY								
b.	TRANSFER How resident moves between surfaces—to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/toilet)								
C.	WALK IN ROOM How resident walks between locations in his/her room								
d.	WALK IN CORRIDOR								
e.	LOCOMO- TION ON UNIT	How resident moves between locations in his/her room and adjacent corridor on same floor. If in wheelchair, self-sufficiency once in chair							
f.	LOCOMO- TION OFF UNIT	How resident moves to and returns from off unit locations (e.g., areas set aside for dining, activities, or treatments). If facility has only one floor, how resident moves to and from distant areas on the floor. If in wheelchair, self-sufficiency once in chair							
g.	DRESSING	How resident puts on, fastens, and takes off all items of street olothing, including donning/removing prosthesis							
h.	EATING How resident eats and drinks (regardless of skill). Includes intake o nourishment by other means (e.g., tube feeding, total parenteral nutrition)								
i.	TOILET USE How resident uses the toilet room (or commode, bedpan, urinal); transfer on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes								
j.	PERSONAL HYGIENE								





2.	BATHING	How resident takes full-body bath/shower, sponge bath, and transfers in/out of tub/shower (EXCLUDE washing of back and hair.) Code for most dependent in self-performance and support. (A) BATHING SELF-PERFORMANCE codes appear below			(A)	(B)		
		Independent—No help provided						
		Supervision—Oversight help only						
		Physical help limited to transfer only						
		Physical help in part of bathing activity						
		Total dependence						
		Activity itself did not occur during entire 7 days						
		(Bathing support codes are as defined in Item 1, code B above)						
3.	TEST FOR BALANCE	(Code for ability during test in t 0. Maintained position as requ 1. Unsteady, but able to rebala	ired in t	est f without physical support				
	(see training manual)	Partial physical support during test; or stands (sits) but does not follow directions for test Not able to attempt test without physical help						
		a. Balance while standing			L			
		 Balance while sitting—posit 						
4.	LIMITATION	placed resident at risk of injury (A) RANGE OF MOTION 0. No limitation 1. Limitation on one side 2. Limitation on both sides		s that interfered with daily funct (B) VOLUNTARY MOVEME 0. No loss 1. Partial loss 2. Full loss		or (B)		
		a. Neck	Name of the last			\vdash		
		b. Arm—Including shoulder or elbow				_		
		c. Hand—Including wrist or fingers						
		d. Leg—Including hip or knee						
		e. Foot—Including ankle or toes						
		f. Other limitation or loss						
5.	MODES OF LOCOMO- TION	(Check all that apply during I	ast 7 da	ays)				
		Cane/walker/crutch	a.	Wheelchair primary mode of	d			
		Wheeled self	b.	locomotion	-	_		
		Other person wheeled	C.	NONE OF ABOVE	e			
6.	MODES OF TRANSFER	(Check all that apply during I	ast 7 da	ays)				
		Bedfast all or most of time		Lifted mechanically				
		Bed rails used for bed mobility	a.	Transfer aid (e.g., slide board,	d			
		or transfer	b.	trapeze, cane, walker, brace)	e			
		Lifted manually	e.	NONE OF ABOVE	f.			
7.	TASK SEGMENTA- TION	Some or all of ADL activities were broken into subtasks during last 7						
8.	ADL FUNCTIONAL REHABILITA- TION POTENTIAL	Resident believes he/she is capable of increased independence in at least some ADLs			a			
		Direct care staff believe resident is capable of increased independence in at least some ADLs			b.			
		Resident able to perform tasks/activity but is very slow			C.			
		Difference in ADL Self-Performance or ADL Support, comparing mornings to evenings						
		NONE OF ABOVE			e.			
9.	CHANGE IN ADL FUNCTION	Resident's ADL self-performance status has changed as compared to status of 90 days ago (or since last assessment if less than 90 days)						
	The second second	0. No change 1. Imp	proved	2. Deteriorated				